

ADIRONDACK MOUNTAIN CLUB

ONONDAGA CHAPTER

TALK OF THE TRAIL FALL 2026

September 🍁 October 🍁 November



Photos from the Kyle/Urbanski family Alpe Adria adventure. The Alpe Adria trail consists of 466 miles over 43 stages through Austria, Slovenia and Italy



Adirondack
ADK
Mountain Club

Inside This Edition

Outings Chair Needed

Love organizing and connecting with our hike leaders? This could be your next favorite volunteer role — details inside.

Thank You, Trail Blazers

Our trails don't blaze themselves — meet the volunteers who spent their summer making that happen.

Fall Business Meeting

Harold Kyle shares highlights from hiking the Alpe Adria Trail through Slovenia. Join us at the November 7 potluck to hear more.

Meet Your Officer Nominees

Six volunteers are ready to keep the chapter running strong – including a new face for Secretary. Get to know them.

ADK ONONDAGA CHAPTER

8729 Bridgeport Kirkville Road

Kirkville, NY 13082

adk-on.org

EXECUTIVE COMMITTEE DIRECTORY

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CHAPTER OFFICERS			
Chair	Mary Niemi	315.751.7492	maryrwniemi@gmail.com
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Treasurer	Chris DeVoe	315.396.8335	cdevoe55555@gmail.com
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	Bob Rosati	315.766.7054	b.rosati.adk.on@gmail.com
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Finger Lake Trails Liaison	Harold Kyle	315.416.4619	harold@cnyhikes.com
NCT Trails Coordinator	Bob Rosati	315.766.7054	b.rosati.adk.on@gmail.com
Pigeon Lake Wilderness Coordinator	Sigi Schwinge	315.437.6906	sigischwinge@aol.com
Statistician	Lauren Wetterhahn	315.221.1214	lwetterhahn@gmail.com
Sunshine / Cheerleader	Mary Dineen	315.424.1284	

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Submissions for the winter edition accepted until November 1.

Send to:
jalynncondon@outlook.com

Cover photos

On the trail in Slovenia
Courtesy Harold Kyle

AN ADK SIZED WELCOME TO OUR NEWEST MEMBERS!

Molly Duteau, Jonathan Fisch, Hannah Fishman, Rick Gloo & Krista Harwick,
 Jennifer Heidenrich, Brian Loudon, Dylan Mayer, Emalyn Muzzy, Jim O'Connell,
 Rod Sokolowski, Ian & Tessa Marie Wheatley

FIND ADK ONONDAGA ONLINE

<https://adk-on.org>
<https://www.facebook.com/groups/adkonondaga>
https://www.instagram.com/adk_onondaga_chapter/
<https://www.meetup.com/adk-onondaga-chapter-outings/>

CHAPTER EMAIL UPDATES

Join our Google Group:
<https://groups.google.com>
 Search for our group name:
 ADK-On-Email

ADK Overall

Membership August 2026

18,004 Members

13,171 Households

↓ 2,050 since May

Onondaga Chapter

Membership August 2026

847 Members

625 Households

↓ 3 since May

MEMBERSHIP UPDATES

To update your mailing
 address, phone number or
 email address, email
membership@adk.org call 600-
 395-8080

Volunteer Opportunity: Publicity Chair

Enjoy connecting our chapter with the wider community? The Executive Committee is looking for a volunteer for Publicity Chair to take over from Theresa Evans. Duties include attending Executive Committee meetings and helping get the word out about what our chapter is doing.

WHAT YOU'LL DO

- Maintain a list of media contacts across Central New York (TV, radio, newspaper, social media)
- Publicize ADK-ON activities that are open to the public, such as New member hikes, Education committee programs, ADK-ON open house, Relevant awards presented to members, National Trails Day activities, Relevant awards presented to members, National Trails Day activities

INTERESTED?

If interested, contact Chapter Chair, Mary Niemi - maryrwniemi@gmail.com

GREETINGS FROM THE CHAIR

BY MARY NIEMI



Pixley Falls during Fall

Here in Central New York, we are lucky to have so many opportunities to spend time by the water. As we transition from the summer into the fall season, the relaxing time spent outside by the water gives us a well-deserved break from our hectic schedules. Hopefully, we feel refreshed and ready for the return to our normal daily routines and any challenges we might have in the year ahead. The Adirondack Mountain Club is also going through a transition period as it refines its educational policies and training protocols. The chapters have been involved in an ongoing dialogue with ADK staff regarding the revisions of the Outing Leader Guidelines which have not yet been finalized. The ADK.org website has been updated with a lot of helpful hiking information.

Some changes will be happening for our Executive Committee next year. Jamie Condon, our current Secretary, will not be continuing in that position, but she has agreed to continue as Newsletter Chair. Fortunately, we have found a new candidate for Secretary: Caroline Mann. You can see from Caroline's bio that she will be a welcome addition. In addition, two committee chairs will be open for

2027. Publicity Chair, Theresa Evans, has stepped back from the position. Lisa Druke, our long-time Outings Chair, has decided to step back from the Outings Chair responsibilities to experience full retirement. Lisa will continue as chair until January 1, 2027.

Upcoming events to look forward to:

- Sept. 19 Morgan Hill Half Marathon & Meat Grinder Marathon sponsored by Salt City Trail Racing with the cooperation of DEC, FLTC and our chapter working on trail maintenance for our area. Volunteers are welcome for the race day.
- Nov. 7 Business Meeting – Potluck with Harold Kyle presenting his family's summer trip to the Alps in Austria and Slovenia.

Volunteer Opportunity: Outings Chair

Love organizing and connecting with our hike leaders? The Executive Committee is looking for a volunteer for Outings Chair to take over for Lisa Druke effective January 1, 2027. Duties include attending the six Executive Committee meetings held in the months of January, February, April, May, September, October as well as the spring (March) and fall (November) business meetings/potluck. Coordinates with our hike leaders, social and trails committees to prepare the quarterly Outings schedule which is published on our chapter website, newsletter and the Adirondack Mountain Club website.

WHAT YOU'LL DO

- Communicate with the hike leaders on Outing Leader Guide (OLG) and leader certification requirements and status
- Communicate scheduled outings with the statistician for outings tracking
- Prepare the annual outings report for the November business meeting with assistance from outings statistician
- Knowledge of excel, word, and web forms (such as google form)

INTERESTED?

If interested, contact Chapter Chair, Mary Niemi - maryrwniemi@gmail.com or Outings Chair Lisa Druke - lisadruke@gmail.com

FALL BUSINESS MEETING

Adirondack Mountain Club — Onondaga Chapter

Saturday, November 7, 2026 @ 2:00 P.M.

Please feel free to bring a friend!

WHERE Collamer United Church, 6865 Fly Rd., East Syracuse (enter from the back of the church)

[Get directions on Google Maps →](#)

LEADERS Pat Urban [315-420-9382](tel:315-420-9382) & Sandy Manca [315-807-9442](tel:315-807-9442)

TIME	AGENDA
2:00 – 3:00 PM	Social Hour Relax and connect with friends. Drinks and hors d'oeuvres provided by the club.
3:00 – 4:00 PM	Featured Speaker: Harold Kyle Hiking the Alpe Adria Trail — a family adventure through Slovenia and Italy. See below!
4:00 – 5:00 PM	Business Meeting & Potluck Dinner Please bring a dish to pass and your own place setting.

MEET OUR SPEAKER



We are delighted to have Harold Kyle, Trails Chair for ADK-ON, share his family's summer trip with us. The Alpe Adria Trail is a 43-stage, 466-mile-long hiking trail that opened in the southeastern Alps in 2012. The trail connects the Großglockner glacier in Austria with the Adriatic Sea, meandering through Slovenia and Italy along the way. Harold Kyle (and family) hiked the middle third of the Alpe Adria Trail this summer and will share their experiences hiking inn-to-inn and exploring Slovenia. Along the way they found WWI fortifications, mountaintop monasteries, alpine huts, and deep karst caves. The quieter side of the Alps had fewer hikers but still offered spectacular scenery and fascinating landmarks.

Harold Kyle is the Trails Chair for ADK-ON and owns Boxcar Press in Syracuse. His family has hiked inn-to-inn trails together in England, Scotland, France, Switzerland, Austria, Germany, Italy, and now Slovenia.

RESERVATIONS REQUIRED BY WEDNESDAY, NOVEMBER 4

Check www.adk-on.org for updates and to access the reservation link.



RUNNING FOR RE-ELECTION: MARY NIEMI, CHAIR

Membership: 23 Years

Chapter Positions Held: Vice-Chair, Secretary, Landowner Liaison Committee Chair, Outings Committee Member, Hike Leader, Walking Wednesday Co-Hike Leader

After retiring, I wanted to find something to do that was physically active and to meet new people. Hiking with our chapter has really fulfilled that wish. More experienced members have generously taught me so much about our local trails and have shown me many more regions of this beautiful state beyond Syracuse where I was born and where I raised my daughter. I have also learned a lot from all the dedicated volunteers on the Executive Board in their efforts to preserve our trails for future generations. Each year brings its own challenges and changes, but we have a great team of volunteers past and present who willingly offer their talents and I am privileged to be a part of this team.



RUNNING FOR RE-ELECTION: BETH CADY BURGHARDT, VICE CHAIR

Beth Cady Burghardt MD lives in LaFayette NY and has been hiking and fishing at Spruce Pond on the FLT since the early 1970s. With her husband Fred and mother Joyce she finished the 46 High Peaks in 1996 just 4 months after the birth of the first of her three daughters. Summer finds her in the Adirondacks camping, biking, boating and hiking with family (and the family Aussie Gimli), several of whom are working on their 46 so she helps guide trips throughout the year. A new obsession is trail building and maintenance, including her section of the FLT (Skyline trail near Labrador Hollow). She has served on multiple boards including her statewide church Executive Committee, MLMIC Board and EXCOM, the operating committee for her church youth and family camp on Upper Saranac Lake, hospital committees and local church board. She is a solo private practice ENT surgeon with an office in Liverpool, NY.



NOMINEE FOR SECRETARY: CAROLINE MANN

I grew up in Jamesville and moved back to Syracuse after college and grad school, largely because of the area's outdoor recreation opportunities. I am a trail runner, hiker, and cross-country skier, and I joined the ADK-Onondaga Chapter last year because I realized that people actually build and maintain the trails I've been enjoying my whole life. Now I'm a steward on the Stage Coach Hill section of the FLT and regularly attend weekend trail work days.

Previously, I've chaired the recruitment committee for my doctoral program, served as faculty advisor for student clubs, and coached cross-country for middle and high schoolers.

When I am not out running, I work on the software side of academic publishing, hang out with my cats, and read science fiction and fantasy.



RUNNING FOR RE-ELECTION: CHRIS DEVOE, TREASURER

I am an investment manager in Fayetteville, having spent 45 years in the industry, and have been a Chartered Financial Analyst since 1983.

I've been a Onondaga Chapter member for over 40 years. I began climbing with my Scout troop here in Syracuse in the early 1970s with a 50 miler on the Long Trail in VT and started in the ADKs in 1980 with Big Slide. I am an ADK 46r and a NE 115r and am trying to finish up the New England Hundred Highest.

I've served as Chapter Treasurer since 2024 and am enjoying working with Chapter officers and advisors to formulate our budget and provide required reports to ADK.

**NOMINEE FOR CHAPTER ADVISOR: OPEN**

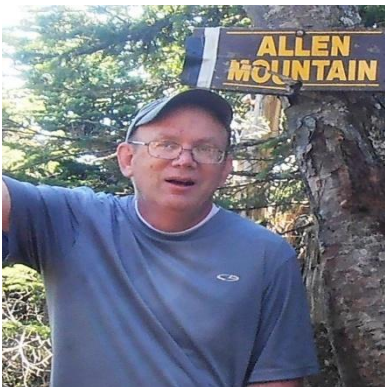
Advisors are active, experienced members who share their expertise and wisdom with the board on topics that arise. We did not have a willing nominee for this position so it will remain open. If you are interested, reach out to Mary Niemi.

**RUNNING FOR RE-ELECTION: BRUCE HOLLOWAY, CHAPTER ADVISOR**

Through support activities, I gained a strong appreciation for the collaborative nature of the Onondaga Chapter's efforts with other local outdoor and conservation groups. These interactions often involve joint events, trail maintenance projects, advocacy efforts, and educational programs. This cooperation strengthens community ties and furthers shared environmental and recreational goals in the region.

Working with the chapter offered direct exposure to the inner workings of its various committees—such as those focused on membership, conservation, outings, and education. I observed how committee members plan events, coordinate volunteers, manage logistics, and align their activities with the chapter's mission. This has enhanced my understanding of the importance of structured communication and task delegation in a volunteer-driven organization.

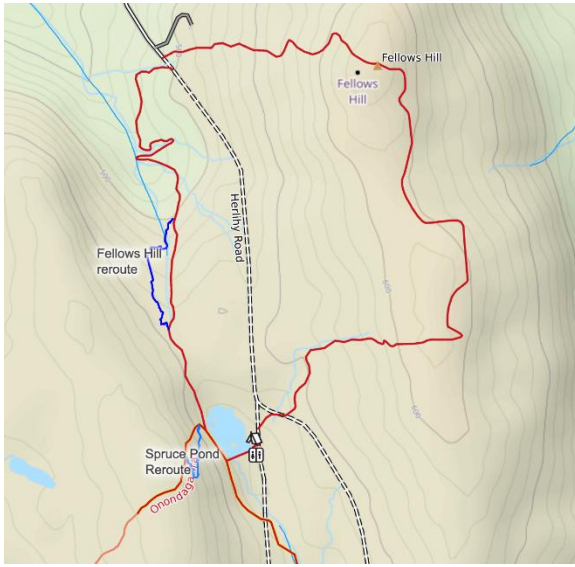
Supporting the chapter also meant being attuned to how it interacts with the Adirondack Mountain Club (ADK) at the organizational level. I observed how shifts in ADK leadership and updates to policies or strategic goals influenced chapter procedures. This included adapting to new reporting requirements, communication channels, and alignment with ADK's evolving mission and vision. It highlighted the importance of flexibility and effective communication in maintaining consistency between local chapters and the parent organization.

**RUNNING FOR RE-ELECTION: MIKE GRASER, ADK TRUSTEE**

ADK Member – 10 years

Positions held – Co-Chair Internet, ADK Communications Committee

I joined ADK a month after I retired because I wanted to hike locally and in the Adirondacks with a friendly group of people. When the Internet Chair was open in 2020 I volunteered for the position and it has been an enjoyable experience working with Bob Rosati to update the chapter's technical tools and applications. ADK introduced iMIS in early 2024 and I have been very involved with the ADK Communications Committee advocating for chapter needs. I have attended a number of ADK Advisory Council meetings via Zoom and in person and so I am very aware of the responsibilities of this position. In other words, I know what I am getting into.



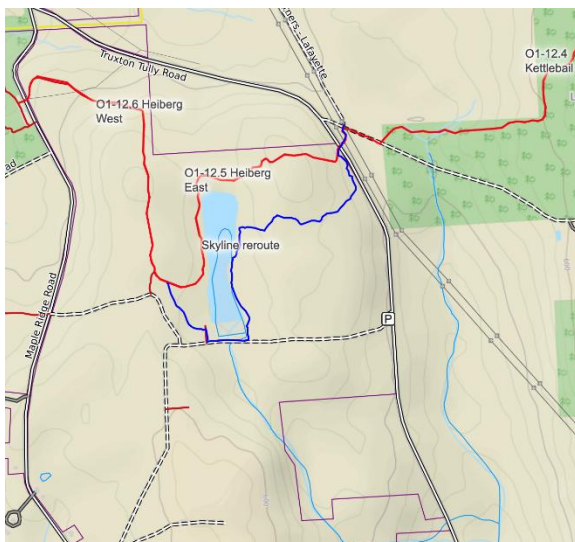
We've completed several trail projects on the Finger Lakes Trail this year ahead of schedule thanks to a great turnout to trail maintenance events. These reroutes might not be visible on FLT's maps when you read this, but you can start using them immediately.

Earlier this year, the western side of the Fellows Loop, heading north from Spruce Pond, moved further west. This was primarily to avoid a section of persistent blowdowns that blocked the trail, but the new section is also much more scenic. The trail crosses a stream below a small waterfall and meanders through a nice section of spruce forest—trees that also will hopefully not fall onto the trail as much!

Also in Morgan Hill State Forest, the DEC and SUNY ESF civil engineering students installed a footbridge over the new stream crossing at Rowley Hill Rd. This area has a new parking lot which will be a great place to park once the DEC finishes grading Rowley Hill Rd.



Earlier this year, the FLTC secured a long sought-after easement on the land heading east from DeRuyter Reservoir at the end of Dam Rd. FLTC and ADK Onondaga had worked on protecting this land for over 20 years. With the legal work done, hikers now have a new parking area at the end of Dam Rd and can head straight into the woods instead of walking along the side of the road. ADK Onondaga trail volunteers built the new blue-blazed section, which hooks up with the old trail at the stream crossing, in two productive outings earlier this year.



Finally, SUNY ESF recently requested that we reroute the Skyline south of Pond 1 in Heiberg Forest. After crossing Truxton Tully Rd, the trail now heads south parallel to the road before turning west toward the eastern bank of Pond 1. The new trail goes through groves of red maple and hemlock before emerging at the pond's dam. Pond 1 is not much of a pond at the moment, because the dam has failed and will be repaired by the state in the coming years. Until that point, the trail will cross the outflow on the forest road just south of the dam before continuing on the other side. It then connects to the existing Skyline trail west of Pond 1. We will abandon the old trail on the western shore but hope the new trail along the eastern shore will provide similar scenery.

BY BOB ROSATI

In mid-July, Dick Frio, John Hollopeter, Kim Putnam, Dick Harper, and I spent the day clearing the Little Woodhull Trail, located in the Black River Wild Forest near Forestport. It was a beautiful, sunny day, and we were surprised how few bugs were out. The trail was dry and in good condition since our last visit the previous year and required very little side cutting, but we did encounter 17 blowdowns that needed clearing over a 3-mile stretch.

Due to the amount of work required to clear several of the large blowdowns, we did not have time to make it to the Sand Lake Falls trail. While the trail currently does not go to any hugely popular destination, part of it will become a section of the North Country National Scenic Trail (NCNST).

The following week, while in the area scouting a future route for the NCNST, Will Brazill, North Country Trail Association Regional Trail Coordinator for NY/VT, and I hiked in to clear the last 2 miles of trail and discovered 3 more large hemlock blowdowns. These turned out to be more than could be handled with the two-person crosscut saw, so we cleared a path and notified the forester of the need for a chainsaw crew.



The Little Woodhull Crew at work. *Photos Courtesy Bob Rosati*

THANK YOU, TRAIL BLAZERS!

Celebrating the volunteers who marked the way for every hiker behind them



Susan Balducci at work

I would like to give a big thank you to all who helped Mary Niemi and me blaze this summer: Susan Balducci was with us every week, so a big thank you to her. Thank you to July Crimmins, Doug Burdick, Tera Hecht, Larry MacArthur, Peg Whaley, Chris Kotula, who blazed a large section for us. Also, Lisa Druke, John Hollopeter and Dick Harper who blazed the trail they steward. Dick Frio graciously let us use the trail crew one Wednesday to blaze. So, thank you to Dick Frio, Dick Harper, Rick Bates, Dave Reau, Ed O'Shea, Joe Condon, and John Hollopeter for taking time away from trail maintenance to blaze. Your help was much appreciated. We will finish blazing Onondaga 01 in 2027, so if you would like to help, please contact me. We thank and appreciate all those who help keep our trails in good hiking condition, trail stewards, blazers or trail maintenance workers in the North Country, Finger Lakes and Onondaga trails. You are all are very important to our club.

Want to help finish blazing Onondaga 01 in 2027? Contact Pat Urban to get connected.

Date	Outing	Leader
Every Wednesday	Walking Wednesdays	Bruce Holloway, Mary Niemi, Dick Frio
Wed, Sept 2	Wednesday Trail Maintenance	Dick Frio
Sat, Sept 5	Baker Woods Preserve North	Mary Niemi
Sat, Sept 12	Onondaga Lake Westside Walk	Brenda Veilleux
Sun, Sept 13	Fall Picnic at Land O' Pines	Mary Dineen / Mark del Pozzo
Fri - Sun, Sept 18 - 20	ADK Fall Outing – Upper Saranac Lake	North Woods Chapter Host
Wed, Oct 7	Wednesday Trail Maintenance	Dick Frio
Sat, Oct 10	Stone House Preserve	Mary Niemi
Sat, Nov 7	November Business Meeting / Potluck	Pat Urban
Sat, Nov 14	Clark Reservation State Park	Mary Niemi

Hike Leader Ratings					
Leader Level	Rating	Effort Level	Elevation Gain (ft.)	Miles	Time (hrs.)
1	C	Easy	Under 1,000	< 5	< 5
1	C+	Fairly Easy	1,000	5 to 6	4 to 6
2	B	Moderate	1,000	5 to 10	5 to 7
2	B+	Moderately Strenuous	2,000	5 to 10	6 to 8
3	A	Strenuous	3,000	5 to 10	8 to 10

NOTE: Trip Ratings in some cases will not fit precisely into the multiple criteria shown above (e.g., where elevation gain compared to miles or time indicate different levels). In such cases the leader or chapter outings chair may use discretion in assigning a rating. Elevation gain and other data are understood to be estimates. Winter hikes may also imply greater preparedness and safety considerations (not accounted for solely by estimated duration) and should be classified accordingly.

Notice to Participants

Choose only outings suitable to your abilities; call the leader if you are unsure. Outing leaders are not guides; they are volunteers willing to share their knowledge and experience with you. Please give them your cooperation and respect. Stay with the group at all times. Stay behind the leader unless permission is given to go ahead, and then stay within sight of the group. Make sure the leader is aware if you must leave the group. Dress properly for the type of outing and the weather, and be prepared for changing weather conditions. The leader has the right to refuse anyone who is not prepared for the outing.

New hikers should call the leader before their first outing. Most outings starting in the morning are designed for a full day with return to the meeting place prior to dinnertime.

Hazardous weather or insufficient snow on snowshoe and/ cross-country ski trips may require a change of destination.

Transportation: The leader will organize carpooling at the meeting location. Passengers are expected to contribute toward the cost of the transportation.

Risk: There are risks involved in our outings. Anyone participating does so at their own risk and is required to sign the *Release of Liability Form* provided by the leader.

Overnight Outings: Overnight outings are open only to ADK members.

Dogs: Please contact the leader in advance if you would like to bring a dog. It is up to the leader to decide if a dog is allowed to join the hike.

Meeting Places

Participants gather at a meeting place as designated in the outing write-up. Primary meeting places are:

Thruway Exit 34: For outings to the east and northeast. Park & Ride Lot is on the left as you approach the toll plaza from N. Peterboro St (Canastota).

Thruway Exit 39: Park & Ride Lot (relocated to Jones Rd). Heading west on Rt. 690, the Jones Rd. exit is located just before the 690 exit for the Thruway entrance.

DeWitt Wegmans Park & Ride: For outings to the southeast. Exit Route 481 at Fayetteville. Wegmans is on Route 5 east of the Route 481 exit. Meet at the Bus Park and Ride in front of the Hobby/Lobby.

Green Hills Plaza For outings to the south and southwest. Parking lot is on the east side of South Salina Street across from Green Hills Farms, just south of the Syracuse city line.

Brewerton Park & Ride Lot, 5594 Kathan Rd, Brewerton, NY. For outings to the north. Exit 102 off of Rt 81, Head west on Bartell Rd from the 81 off ramp and then immediate right on Kathan Rd (lot is on the right).

Hike Equipment Checklist

- ✓ Water (amount appropriate for outing/weather)
- ✓ Lunch and extra food
- ✓ Clothing appropriate for outing/weather
- ✓ Rain gear
- ✓ Map and compass
- ✓ Headlamp or flashlight (extra batteries)
- ✓ Whistle
- ✓ Waterproof emergency blanket
- ✓ First-aid kit
- ✓ Hiking poles (if you use them)
- ✓ Work gloves (for work hikes)
- ✓ Bright clothing (in hunting season)
- ✓ Snowshoes/skis (in winter)

9321. Walking Wednesdays

Every Wednesday

9:00 AM

Meeting Place: DeWitt Wegmans' Park & Ride (in front of Hobby Lobby); Carpooling is an option

Region: Central New York

Rating: Level 1, C+, Fairly Easy, 5-8 miles

Elevation Gain: up to 1000 feet

R/T Drive (miles): Less than 100 miles

Map(s): FLT-O1, FLT-O2, FLT-M21

Leader(s): Mary Niemi, [315-751-7492](tel:315-751-7492), maryrwniemi@gmail.com, Bruce Holloway, b.holloway.adk.on@gmail.com, Dick Frio, richardfrioood@hotmail.com (for info).

Every Wednesday some of our members take a hike on one of the many trails in CNY. The Wednesday hikes welcome new participants. The participants decide where to go, based on weather and individual schedules. The first Wednesday of each month during spring, summer and fall is usually devoted to trail maintenance. The trails are south of Syracuse, below Rt 80 in general, the Onondaga trail, FLT, and NCT trails give us a variety to choose from.

Dress for the weather (in layers). Water and food (light lunch/snack), and any necessities such as raingear are best carried in a small daypack. Walking/hiking poles might be good for balance on rocks and tree roots we encounter, traction spikes and/or snowshoes taken as needed seasonally. Our group is very flexible and we love to be out in the woods for a nice social hike. Contact the leader if weather is questionable or any other questions arise. Hope to see you on a Wednesday hike.

9322. Wednesday Trail Maintenance

Wed, Sept 2

9:00 AM

Meeting Place: DeWitt Wegmans Park & Ride (in front of Hobby Lobby)

Region: Central New York

Rating: Level 1, C+, Fairly Easy, 6 miles

Elevation Gain: less than 500 feet

R/T Drive: 80 miles

Map(s): FLT-O1, FLT-O2, FLT-M21, FLT-M22

Leader(s): Dick Frio, richardfrioood@hotmail.com, [315-679-0622](tel:315-679-0622)

We will be doing trail maintenance on a section of the Finger Lakes Trail and the North Country Trail on FLT O-1, O-2, M-21, M-22. Our chapter currently maintains 72 miles on the FLT and lean-

tos, 57 miles are concurrent with the NCT. No special skills are required just a genuine desire to ensure that our trails are cleared and blazed for all to enjoy. Please bring a pair of work gloves, personal hand tools, water, lunch, insect repellent, and wear appropriate clothing.

9323. Baker Woods Preserve North

Sat, Sept 5

Contact

Leader

Meeting Place: Brewerton Park & Ride Lot (5594 Kathan Rd, Brewerton, NY)

Contact Leader by Sept. 3 if planning to join the hike.

Region: Northern New York

Rating: Level 1, C, Easy, 4 - 5 miles

Elevation Gain: less than 500 feet

R/T Drive: 200 miles

Map(s): indianriverlakes.org - BWP (Baker Woods Pres.) North Section Map

Leader(s): Mary Niemi, maryrwniemi@gmail.com, [315-751-7492](tel:315-751-7492)

The Baker Woods Nature Preserve in Natural Bridge, NY is part of the Indian River Lakes Conservancy in Lewis County. We will explore the 4 miles of trails to view wetlands, a beaver flow and the red pine plantation which is transitioning into native forests. The trails are fairly level. Parking on Factory Rd. is available for 3 to 4 vehicles. We will carpool from the meeting place. Contact leader by Sept 3 for meeting time and to confirm details.

9324. Onondaga Lake Westside Walk

Sat, Sept 12

10:30 AM

Meeting Place: NYSDEC Boat Launch Parking Lot at Onondaga Lake Park, Address: 280 Restoration Way, Syracuse, NY 13209 (Exit 7 off I690 heading west)

Region: Central New York

Rating: Level 1, C, Easy, 3 - 5 miles

Elevation Gain: No appreciable gain

Map(s):

<https://onondagacountyparks.com/assets/Onondaga-Lake-Park/OLP-MAP2023UPDATED.pdf>

Leader(s): Brenda Veilleux, [315-463-9103](tel:315-463-9103), bmveilleux@gmail.com

Let's take a walk to the pollinator garden and see what is going on and then onto the bridge that

crosses the railroad tracks and return. There are options to extend the walk also. Call the leader by September 11 to rsvp.

9325. Fall Picnic at Land O' Pines

Sun, Sept 13 10:00 AM

Meeting Place: Land O' Pines (Camden, NY) 8644 Preston Hill Rd

Region: Central New York

Leader(s): Mary Dineen, [315-424-1284](tel:315-424-1284), Mark del Pozzo, [315-245-0772](tel:315-245-0772)

Come out and join us for our annual fall picnic. We will meet at 10:00 am at Land O'Pines and then carpool (a short drive) for a walk at Forest Park in Camden. Lunch is at 1:00 pm - meat and beverages will be provided - bring a dish to pass. Take Mulholland Rd. out of North Bay - R. on Preston Hill. Look for ADK signs just past Preston Hill Gravel.

ADK Fall Outing – Upper Saranac Lake

Fri – Sun, Sept 18 – 20

North Woods Chapter Host

The 2026 ADK Mountain Club Fall Outing, hosted by the North Woods Chapter, will be held Friday, September 18 – Sunday, September 20 at the Saranac Village Young Life Camp. This premier Adirondack retreat facility is gently nestled on the shores of beautiful Upper Saranac Lake, and is in the heart of prime paddling, hiking, and biking country. In addition to a long list of guided outings available to all registrants, evenings will be filled with live music and dancing.

For longtime ADK members, new members, and anyone who loves recreating in the Adirondacks, this weekend retreat is an opportunity to meet and explore wild places with fellow outdoor enthusiasts. All ages are welcome.

To register and for more information:

[ADK Fall Outing 2026 Website Link](#)

9326. Wednesday Trail Maintenance

Wed, Oct 7 9:00 AM

Meeting Place: DeWitt Wegmans Park & Ride (in front of Hobby Lobby)

Region: Central New York

Rating: Level 1, C+, Fairly Easy, 6 miles

Elevation Gain: less than 500 feet

R/T Drive: 80 miles

Map(s): FLT-O1, FLT-O2, FLT-M21, FLT-M22

Leader(s): Dick Frio, richardfrioood@hotmail.com, [315-679-0622](tel:315-679-0622)

We will be doing trail maintenance on a section of the Finger Lakes Trail and the North Country Trail on FLT O-1, O-2, M-21, M-22. Our chapter currently maintains 72 miles on the FLT and lean-tos, 57 miles are concurrent with the NCT. No special skills are required just a genuine desire to ensure that our trails are cleared and blazed for all to enjoy. Please bring a pair of work gloves, personal hand tools, water, lunch, insect repellent, and wear appropriate clothing.

9327. Stone House Preserve

Sat, Oct 10

Contact

Leader

Meeting Place: Brewerton Park & Ride Lot (5594 Kathan Rd, Brewerton, NY)

Contact Leader by Oct. 8.

Region: Central New York

Rating: Level 1, C, Easy, 3 - 5 miles

Elevation Gain: less than 500 feet

R/T Drive: 48 miles

Map(s): Tug Hill Tomorrow Land Trust map - Stone House Preserve.

<https://tughilltomorrowlandtrust.org/explore/stone-house-preserve/stone-house-preserve-trail-map/>

Leader(s): Mary Niemi, maryrwniemi@gmail.com, [315-751-7492](tel:315-751-7492)

The Stone House Preserve features a 100 yr. old stone house which was home to 4 generations of the Norton family. The woodland trails feature fresh water wetlands, a beaver pond, and mature forest habitats. Mostly even trails with some hilly areas. The elevation is under 500 feet. Contact leader by Oct. 8 for meeting time and to confirm the details.

**9328. November Business Meeting /
Potluck
Sat, Nov 7 2:00 PM**

Meeting Place: Collamer United Church, 6865 Fly Rd., East Syracuse. (Enter from back of the Church).

Directions: Take Rt. 481 North from Syracuse to Exit 7 (Rt. 298), take right onto 298 West to Fly Road, go south on Fly Road (left turn by Adirondack Furniture) the driveway to the church is on your right.

Region: Central New York

Leader(s): Pat Urban, sabharp@att.net, [315-420-9382](tel:315-420-9382), Sandy Manca, [315-807-9442](tel:315-807-9442)

Social Hour: 2:00-3:00 pm. This hour will give us time to relax and connect with friends. Drinks and hors-d'oeuvres will be provided by the club.

Speaker: 3:00-4:00 p.m. We are delighted to have Harold Kyle, Trails Chair for ADK-ON, share his family's summer trip with us. The Alpe Adria Trail is a 43-stage, 466-mile-long hiking trail that opened in the southeastern Alps in 2012. The trail connects the Großglockner glacier in Austria with the Adriatic Sea, meandering through Slovenia and Italy along the way. Harold Kyle (and family) hiked the middle third of the Alpe Adria Trail this summer and will share their experiences hiking inn-to-inn and exploring Slovenia. Along the way they found WWI fortifications, mountaintop monasteries, alpine huts, and deep karst caves. The quieter side of the Alps had fewer hikers but still offered spectacular scenery and fascinating landmarks.

Meeting: 4:00-5:00 followed by our Potluck Dinner. Please bring a dish to pass and your own place setting. Reservations are required by Wednesday, November 4. Please check our website at www.adk-on.org for updates and to access the link for reservations.

**9329. Clark Reservation State Park
Sat, Nov 14 9:30 AM**

Meeting Place: Clark Reservation Parking, 6105 E. Seneca Turnpike, Jamesville, NY 13078

Region: Central New York

Rating: Level 1, C, Easy, 5 miles

Elevation Gain: less than 500 feet

Map(s): Clark Reservation State Park map

Leader(s): Mary Niemi, maryrwniemi@gmail.com, [315-751-7492](tel:315-751-7492)

This beautiful park has multiple woodland trails, cliffs and rocky outcrops and a glacial plunge basin lake.

Mailing Address:

Adirondack Mountain Club
Onondaga Chapter
8729 Bridgeport Kirkville Rd
Kirkville, NY 13082

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