

Outings Winter 2011/2012

Notice To Participants

Choose only outings suitable to your abilities; call the leader if you are unsure. Outing leaders are not guides; they are volunteers willing to share their knowledge and experience with you. Please give them your cooperation and respect. Stay with the group at all times. Stay behind the leader unless permission is given to go ahead, and then stay within sight of the group. Make sure the leader is aware if you must leave the group. Dress properly for the type outing and the weather, and be prepared for changing weather conditions. The leader has the right to refuse anyone who is not prepared for the outing.

New hikers should call the leader before their first outing. Most outings starting in the morning are designed for a full day with return to the meeting place prior to dinnertime. Non-local outings may involve stopping for dinner.

Hazardous weather or insufficient snow on snowshoe and/or cross-country ski trips may require a change of destination and/or be converted into a regular 'boot' hike.

Leaders and participants are expected to: (1) show respect, cooperation and courtesy to others in the group, and show tolerance toward other people's views; (2) welcome others in a friendly, helpful manner, avoiding conflict and abusive language or behavior, and promote safe and enjoyable events; and (3) reflect ADK's mission at all times.

Transportation: The leader will arrange carpooling. Passengers are expected to contribute toward the cost of the transportation.

Risk: There are risks involved in our outings; anyone participating does so at their own risk, and is required to sign the *Release of Liability Form* provided by the leader.

Overnight Outings: Overnight outings are open only to ADK members

Ratings For Difficulty

<u>Rating</u>	<u>Effort</u>	<u>Elevation Gained (ft)</u>	<u>Miles</u>
E	Easy	≅ Level	< 4
M	Moderate	<1000 or	4 - 7
S	Strenuous	1000-2500 or	7 - 12
VS	Very Strenuous	>2500 or	>12
A	Adirondacks		

Meeting Places

Carpooling is the norm for hikes, backpacks, snowshoe hikes, and ski trips. Participants gather at a meeting place as designated in the outing write-up. Standard meeting places are as follows.

Thruway Exit 34A: For outings to the east and northeast. Park & Ride Lot on the left as you approach the toll plaza from I-481.

Thruway Exit 39: For outings to the west. Park & Ride Lot on the right as you approach the toll plaza as if you are entering the Thruway.

Jamesville: For outings to the southeast. Jamesville Town Square, off north side of NY173 between Jamesville Road and Apulia Road, about halfway back on the right, just before the old train station.

Green Hills Plaza: For outings to the south and southwest. Parking lot on east side of South Salina Street across from Green Hills market, just south of the Syracuse city line.

Gander Mountain Sports: Cicero. For outings to the north. From NY31 take access road for I-81 N. Gander Mountain in on the right just pass the on-ramp for I-81.

Other Meeting Places: As specified by the leader in the outing write-up.

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Day Hike Equipment Checklist

- ✓ Water (amount appropriate for outing/weather)
 - ✓ Lunch and extra food
 - ✓ Clothing appropriate for outing/weather
 - ✓ Rain gear
 - ✓ Map and compass
 - ✓ Headlamp or flashlight (extra batteries)
 - ✓ Whistle
 - ✓ Waterproof emergency blanket
 - ✓ First-aid kit
 - ✓ Hiking poles (if you use them)
 - ✓ Work gloves (for work hikes)
 - ✓ Bright clothing (in hunting season)
 - ✓ Snowshoes/skis (in winter)
-

6898 Walking Wednesday

Every Wednesday

Meeting Place: Jamesville Plaza

Rating: (E-M)

Leaders: Bill Coffin 687-3589

Every Wednesday some of our members take a hike, work on trails or explore new places in the CNY area. The first Wednesday of each month is devoted to trail maintenance or trail construction if weather permits. The Wednesday hikers welcome new participants. Please call a leader if you have Wednesday free and would like to hike.

6899 Brisk Walk at Pratt's Falls Park

Fri. Dec. 2

Meeting Place: Jamesville Plaza

Rating/Distance: (M) 4-5 miles

R/T Drive: 20 miles

Maps: Onondaga County Parks

Leaders: Sigi Schwinge 437-6906 & Kim Talbott

463-5137. Email: sigischwinge@aol.com &

kmt1065@msn.com

We'll walk some or all of the park trails briskly.

Please let us know if you are coming, and if you are interested in brisk walks on other Fridays.

6900 Searching for New Places to Hike

Sat. Dec. 3

Meeting Place: Thruway Exit 39

Rating/Distance: (M) 5 miles

R/T Drive: 114 miles

Maps: Delorme 73

Leader: Dick Lightcap 637-3737

Among other places, we will hike the trails at the Blue Cut Nature Preserve near Lyons and walk the decrepit planking at Zurich Bog near Newark.

6901 Green Lakes State Park Snowshoe/Hike

Sun. Dec 4

Meeting Place: Green Lakes Route 290 Park

Entrance by the park office

Rating/Distance: (M) 4-5 miles

Map: Delorme 75, Green Lakes Trails Map

Leader: Kathy Disque 656-3383 & Charlene

Zebley 942-5176

We'll hike or snowshoe (if there is enough snow) at this lovely park in our own backyard. Our route will be determined by the snow and weather conditions of that day. This is a joint hike with the Utica Tramp & Trail Club.

6902 Holiday Gathering

Sat. Dec. 10

Meeting Place: Baltimore Woods Nature Center, Bishop Hill Road, Marcellus

Maps: DeLorme 60

Leader(s): 424-1284

Join us for food, fun and relaxation. The Social Committee will provide a light lunch at 1:00 pm. Bring holiday cookies for dessert if you would like. Also please bring a canned or boxed, non-perishable food to be donated to the food pantry. There will be two hikes starting from the parking lot – please contact the leader Ken Kaufman, 685-5990.

6903 Baltimore Woods 1

Sat. Dec. 10

Meeting Place: Baltimore Woods Nature Center

Rating/Distance: (M) 4-5 miles

Map: DeLorme 60, Baltimore Woods Trails

Leader: Ken Kaufman, 685-5990

We'll snowshoe the trails of this 182-acre nature preserve to work up an appetite for the Holiday Gathering that follows. Snowshoes are available to rent at the Nature Center. We'll hike if there is not enough snow.

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6904 Baltimore Woods 2

Sat. Dec. 10

Meeting Place: Baltimore Woods Nature Center

Rating/Distance: (E) 2-3 miles

Maps: DeLorme 60, Baltimore Woods Trails

We'll snowshoe some of the trails of this nature preserve to work up an appetite for the Holiday Gathering that follows. Snowshoes are available to rent at the Nature Center. We'll hike if there is not enough snow.

6905 Bucks Brook State Forest Hike

Sun. Dec. 11

Meeting Place: Call Leaders

Rating/Distance: (M) 4-6 miles

Map: FLT M-22

Leader: Sigi Schwinge 437-6906 & Kim Talbott 463-5137. Email: sigischwinge@aol.com & kmt1065@msn.com

We will start at Ridge Road, cross Buck's brook on an old plank bridge and walk up and down to Buck's Brook Road (may go farther if the group wants to and weather permitting) and return. We will visit the remains of an old homestead along the way and enjoy the crisp fresh air on a good trail.

6906 Highland Forest Hike/Snowshoe

Sat. Dec. 17

Meeting Place: Jamesville Plaza (call if meeting at Skyline lodge)

Rating/Distance: (M) 4.4 miles

R/T Drive: 35 miles

Map: DeLorme 61, FLTC O2, USGS DeRuyter/Fabius

Leaders: Sigi Schwinge 437-6906 & Kim Talbott 463-5137. Email: sigischwinge@aol.com & kmt1065@msn.com

We will hike or snowshoe North Country National Scenic Trail (concurrent with the FLT Onondaga Trail) in Highland Forest safely away from hunters. Bring snowshoes just in case there is more snow in the hills. After hiking, we may enjoy hot chocolate at the Park Visitor Center.

6907 Cascade Lake Snowshoe/Hike

Sun. Dec. 18

Meeting Place: **Canastota Exit 34**

Rating/Distance: (A) (M) 5 miles

R/T Drive: 180 miles

Maps: DeLorme 86, ADK West Central, ADK Nat Geo #745

Leader: Mary & Bill Coffin, 697-3589, maryccoffin@gmail.com

Hike around Cascade Lake and enjoy lunch at the falls in our adopted Pigeon Lake Wilderness. Expect to use snowshoes and layer for winter conditions. Possible stop for dinner enroute home.

6908 Clark Reservation Snowshoe/Hike

Sat. Dec. 31

Meeting Place: Jamesville Plaza

Rating/Distance: (E) 3 miles

R/T Drive: 4 miles

Map: DeLorme 61

Leader: Lisa Druke 637-6499

We'll snowshoe along the Dr. Mildred Faust (who was a member of our chapter) trail and hike other trails in this state park.

6909 New Year's Eve at Labrador Hollow Cabin

Sat. Dec. 31

Meeting Time/Place: Call leaders

Map: DeLorme 61

Leader: Peg and Pat Whaley, 633-0154

Come out and celebrate the New Year at Labrador Hollow Cabin. We will go on a short hike or snowshoe if there is enough snow and be back at the cabin in time to ring in the New Year. Bring a snack to share and your own beverage.

6910 Beaver Lake Nature Center

Sun. Jan. 1

Meeting Place: Beaver Lake Nature Center

Rating/Distance: (E) 2-4 miles

Map: DeLorme 74, Beaver Lake Nature Center Trails

Leader: Jill Borgstede 689-9109

We will snowshoe the Southern Exposure (2.2) Northern Exposure (1.4), and Pine Meadow (0.5). You may rent snowshoes at the front desk. We will meet inside by the fireplace for lunch or snack after the snowshoe. Obtain parking pass for \$3.00 at the front desk (required to exit the Nature Center).

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6911 Onondaga Lake Hike/Ski/Snowshoe

Fri. Jan. 6

Meeting Place: Visitor Center

Rating/Distance: (E)

Map: DeLorme 75, Onondaga Lake Park Trails

Leader: Sigi Schwinge 437-6906 & Kim Talbott
463-5137. Email: sigischwinge@aol.com &
kmt1065@msn.com

We will use the park trails for as long as everyone likes, have a good conversation and return. Questionable weather? Call leaders.

6912 Tug Hill detached Forest Preserve Snowshoe

Sat. Jan. 7

Meeting Time/Place: contact leader

Rating/Distance: (M) 4 miles

Map: DeLorme 84

Leader: Bob McNamara (315) 675-3522,
artofwild@aol.com

Join me on a 4 mile off trail hike through the Tug Hill detached Forest Preserve.

6913 Snowshoe at Green Lakes State Park

Sun. Jan. 8

Meeting Place: Green Lakes State Park Office parking lot on Route 290

Rating/Distance: (M) 4-7 miles

Maps: DeLorme 75, Green Lakes Trails Map

Leader: Missy Ethridge 682-7280

Let's snowshoe (or hike if no snow) the trails of Green Lakes.

6914 Introductory/Refresher XC Skiing

Sun. Jan. 8

Meeting Place: Call leader to reserve spot

Rating/Distance: (E)

Map: DeLorme 61, USGS DeRuyter/Fabius

Leader: Mary Coffin 687-3589,
maryccoffin@gmail.com

Get brave and try XC skiing at Highland Forest. It is a great way to enjoy the CNY winters. Experienced skiers will provide introductory and refresher instruction with the comfort of the Park Visitor Center nearby. Call leader to reserve spot and check snow conditions. Higher elevations often have more snow than Syracuse. Ski rental is available at the park.

6915 Erie Canal Hike/Ski/Snowshoe

Fri. Jan. 13

Meeting Place: Erie Canal Parking on Rt. 290/257 in Manlius Center

Rating/Distance: (E)

Leader: Sigi Schwinge 437-6906 & Kim Talbott
463-5137. Email: sigischwinge@aol.com &
kmt1065@msn.com

Map: DeLorme 75, Erie Canal Park Trails

We will go as far as everyone likes, have a good conversation and return. Questionable weather? Call leaders.

6916 Candice Lake Snowshoe/Ski

Sat. Jan. 14

Meeting Place: Thruway Exit 39 Park & Ride

Rating/Distance: (M) ~4 miles

R/T drive: 190 miles

Map: Delorme 58

Leader: Theresa Evans tj_evans@verizon.net
Candice Lake is south of Rochester and serves as a source of drinking water for the City. The DEC owns the land surrounding the lake thus opening it to the public. We will lead an outing along the mostly flat trail on the west and south sides of the lake. Snowshoers and skiers are welcome. There will be a boot hike if there is insufficient snow.

Labrador Hollow Cabin

Sat. Jan. 14

Cabin will be open from 11:00 AM – 2:00 PM

Meeting Place: Labrador Hollow Cabin

Rating/Distance: (E) Various

Maps: DeLorme 61

Leader: Dick Lightcap 637-3737

Come to Labrador Hollow Unique area to XC ski in the fields, snowshoe on the Skyline trail, trudge through the snow on the boardwalk, or just stop by the heated cabin for some hot chocolate. Located South on Route 81 to Tully, go East on Route 80 to Apulia, turn right on Route 91 to Labrador Crossing.

6917 Beaver Lake Nature Center XC Ski/Snowshoe

Sun. Jan. 15

Meeting Place: Beaver Lake Nature Center

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Rating/Distance: (E) 3 miles

Map: DeLorme 74

Leaders: Lisa Druke 637-6499

Sunday afternoon XC ski or snowshoe at Beaver Lake Nature Center in Baldwinsville. The trails are gently rolling and easy going. Event subject to weather and trail conditions. Contact leaders if the weather is questionable. This is a joint outing with the Kanawake Canoe Club.

ADK Tug Hill Winter Outing, Black River

Chapter Host

Fri. Jan. 20 – Sun. Jan. 22

Map: DeLorme 83

Enjoy a rustic weekend of XC skiing and snowshoeing in the Tug Hill region. This Adirondack-like wilderness, located in upstate New York, boasts of the greatest snowfall in the state. We will again be staying at the *Mad River Club*. Bring sleeping bag and pad or stay at a motel nearby. Go to www.adktravel.org/winterouting.htm.

6918 ADK Winter Outing Ski/Snowshoe

Sat. Jan. 21

Meeting Place: Gander Mountain Sports

Rating/Distance: (M - S) Various Venues

R/T Drive: 78 miles

Map: DeLorme 83

Leader: Dick Lightcap 637-3737

This club event actually lasts 3 days, but chapter members can drive to the Mad River Club in the Tug Hill to cross country ski or snowshoe for the day.

6919 ADK Winter Outing Ski/Snowshoe

Sun. Jan. 22

Meeting Place: Gander Mt. Sports

Rating/Distance: (M-S) Various Venues

R/T Drive: 80 miles

Map: DeLorme 83

Leader: Lisa Druke 637-6499

Join other Winter Outing ADKers for a day of skiing or snowshoeing. Contact leader for venues offered. When people arrive at the Clubhouse for a day trip you can choose from any of the events offered and coordinate with driver/passengers.

6920 Giant and Rocky Peak Ridge

Fri. Jan. 27 – Sun. Jan. 29

Meeting Time/Place: Contact leader

Rating/Distance: (A) (VS)

R/T Drive: 440 miles

Map: DeLorme 96, ADK High Peaks Trail Guide

Leader: Mike Forsyth (315) 214-8133, cell (315) 884-3673, adktripper@earthlink.net

We will base camp at our familiar haunt, the Brookside Motor Lodge in Upper Jay, Friday and Saturday nights. We will climb Giant and Rocky on Saturday. These are High Peaks, and the summits are open to the wind. Full face protection, including goggles, required. Snowshoes with good climbing crampons needed, and 12-point crampons may be advisable. Headlamp start and finish followed by a pot luck dinner back at the Brookside. Optional half-day hike or ski Sunday before the drive home.

6921 Remsen Falls Ski

Sat. Jan 28

Meeting Place: Thruway Exit 34A

Rating/Distance: (A) (M) 7-10 miles

R/T Drive: 160 miles

Maps: DeLorme 85

Leader: Kim David Whitehead 529-5210

kwhitehead@twcny.rr.com

This is a flat ski on an old railroad bed. It parallels the Moose River, and we will stop at Remsen Falls (actually rapids in the river). We might ski further towards Woodhull Mountain if conditions are good. Inclement weather cancels trip. Call leader if in doubt.

Labrador Hollow Cabin

Sat. Jan. 28 Cabin will be open from 11:00 AM – 2:00 PM

Meeting Place: Labrador Hollow Cabin

Maps: DeLorme 61

Leader: Dick Lightcap 637-3737

See write up dated Sat. Jan. 14 for details.

6922 Bear Swamp Ski/Snowshoe

Sun. Jan. 29

Meeting Place: Skanelus Drive-In, located on

Route 20 about 1 mile west of Skaneateles Village

Rating/Distance: (M) 7 miles

R/T drive: 50 miles

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Maps: DeLorme 61, Bear Swamp Trail Map

Leader: Ken Kaufman 685-5990

Ski or snowshoe (or hike if no snow) thru the varied woods and rolling terrain (there are some hills) of this State Forest at the south end of Skaneateles Lake. Return to the leader's home in Skaneateles for light refreshments and socializing after the outing.

6923 Camp Santanoni – Ski / Snowshoer's welcome!

Sat. Feb. 4

Meeting Time/Place: Thruway Exit 34A

Rating/Distance: (A) (S) 9

Maps: DeLorme 87, 95; High Peaks Region Trail Guide p. 258-260

Leader(s): Theresa and Jay Evans
tj_evans@verizon.net

Come join us for a winter outing in the Adirondack State Park. We will cross country ski (or snowshoe, though a long distance) from trailhead near Newcomb to the great Camp Santanoni. Along the way, there are stops that could be turn around points. The trail is fairly level the first mile (old farm complex to explore), and then has easy sloping approaches to the great camp. One can catch glimpses of the Santanoni Range along the trek. This area is noted to have been open to public since 1972 and sees more skiers than hikers. Please call leaders to check on weather conditions both here and at our destination. Depending on car pool consensus, may stop for dinner on way home.

6924 Skyline Trail Snowshoe

Sat. Feb. 4

Meeting Place: Jamesville Plaza

Rating/Distance: (M) 4 miles

R/T Drive: 36 miles

Map: DeLorme 61

Leaders: Dick Lightcap 637-3737

We will snowshoe from Heiberg Memorial Forest on the Skyline Trail to the cabin in Labrador Hollow for lunch.

6925 Highland Forest XC Ski/Snowshoe

Sun. Feb. 5

Meeting Time/Place: Call Leader

Rating/Distance: (E-M) 3 - 5 miles

Maps: DeLorme 61, Highland Forest Trails Map

This is a joint outing with Kanawake Canoe Club. We will get a late morning start and will have snacks or bring lunch for after the event. We will meet in the entry hall at the Skyline Lodge. Please call prior for meeting time if interested and to confirm. If no snow, we will hike an alternate location closer to Syracuse. Bad weather cancels.

Labrador Hollow Cabin

Sun. Feb. 5

Cabin will be open from 11:00 AM – 2:00 PM

Meeting Place: Labrador Hollow Cabin

Maps: DeLorme 61

Leader: Dick Lightcap 637-3737

See write up dated Sat. Jan. 14 for details.

6926 Snowshoe Ramble

Sat. Feb. 11

Meeting Place: Leader's home located at:

8701 Maple Flats Road, Cleveland, NY 13042

Rating/Distance: (E-M) 3-5 miles (flexible)

Maps: DeLorme 76, leaders trail map

There are a variety of easy to moderate, marked looping trails in our own backyard. Snowshoe at your own pace or ramble with the group. Self guided maps are available. Warm up in our "Adirondack room" after the hike, and enjoy your lunch with drinks offered by the hosts. Call ahead to confirm.

6927 Cross Country Ski the Link Trail

Sun. Feb. 12

Meeting Place: Parking Lot end of Cazenovia Lake

Rating/Distance: (E) 4 miles

R/T drive: 2 miles

Leader: Missy Ethridge 682-7280

Map: DeLorme 62

We will ski the Link Trail from Cazenovia. This trail parallels Chittenango Creek and we will be skiing on a section of the old railway bed.

Labrador Hollow Cabin

Sun. Feb. 12 Cabin will be open from 11:00 AM – 2:00 PM

Meeting Place: Labrador Hollow Cabin

Maps: DeLorme 61

Leader: Dick Lightcap 637-3737

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See write up dated Sat. Jan. 14 for details.

6928 XC Ski or Snowshoe Winona Forest

Sat. Feb. 18 Call leader

Meeting Place: Call leader to indicate mode of travel

Rating/Distance: (M) 5-7miles, (E) 3-5 miles

R/T drive: 80 miles

Map: DeLorme 83, Sandy Creek - Lacona

Leaders: Mary & Bill Coffin 687-3589

maryccoffin@gmail.com

Two leaders will accommodate two modes of travel for skiers and snowshoers, in the Winona State Forest on trails such as Winona Way, Sally's Ride, and Hiscock. Conditions will dictate exact routes. A shorter, gentler route is offered as well as a longer one with a few hills. Dress for the weather and bring several mini lunches suitable for short food breaks. We will stop for hot soup on the way home.

6929 Stoney Pond Ski/Snowshoe

Sun. Feb. 19

Meeting Place: Call leader

Rating/Distance: (M) 5-7 miles

R/T drive: 20 miles

Map: DeLorme 62

Leader: Peg Whaley 633-0154

Come out and enjoy the trails in this beautiful state forest. Snowshoers are welcome to come and snowshoe on their own. If snow is questionable the location will change so please call.

6930 President's Day Snowshoe – Beaver Lake

Mon. Feb. 20

Meeting Place: Beaver Lake Nature Center

Rating/Distance: (E) 2- 4 miles

Map: DeLorme 74, Beaver Lake Nature Center Trails

Leader: Jill Borgstede 689-9109

We will snowshoe the Southern Exposure, Northern Exposure, and Pine Meadow Trail. You may rent snowshoes at the front desk. We will meet by the fireplace for lunch/snack after snowshoeing. Pay \$3.00 at front desk for car pass to exit the nature center.

6931 Black River Canal XC Ski

Sat. Feb. 25

Meeting Place: Thruway Exit 34A

Rating/Distance: (M) 4-6 miles

R/T Drive: 110 miles

Map: DeLorme 62

Leader: John Lang 492-3414

johnnylang49@verizon.net

Drive to Boonville and ski along the former Black River Canal to Pixley Falls. Return to the Boonville warming hut for lunch. If interested continue to Inlet for their Fire and Ice Festival with fireworks. Please contact the leader prior to the day of the trip.

6932 Chateaugay State Forest Snowshoe

Sat. Feb. 25

Meeting Time: Call Leader

Meeting Place: Gander Mountain Sports

Rating/Distance: (M) 5-6 miles

R/T drive: 25 miles

Map: DeLorme 83

Leader: Kathy Disque 656-3383

We will snowshoe the trails at this lovely state forest east of Pulaski. Chateaugay has the most amazing stone fences which line many of the trails.

6933 Rice Creek Nature Center Snowshoe/Hike

Sun. Feb. 26

Meeting Place: K-mart plaza, Fulton

Rating/Distance: (E) 3 miles

R/T drive: 45 miles

Map: DeLorme 74

Leader: Kim David Whitehead 315 529-5210

The Rice Creek Nature Center is located near the Oswego State campus. We will hike or snowshoe a few of the trails, depending on the snow cover, then convene at the leader's house ("the cabin") for refreshments.

UPCOMING EVENTS:

Sun. March 18th Spring Pot Luck
Dinner/Business Meeting – Arrowhead Lodge
